**Interdisciplinary Resources for Community Music Therapy**

Supplementary material for:


Seven qualities that characterize contemporary community music therapy can be expressed by the acronym PREPARE: P – Participatory, R – Resource-oriented, E – Ecological, P – Performative, A – Activist, R – Reflective, and E – Ethics-driven. These qualities relate to practice as well as to research (see Chapter 1*).

In an article about the organization of community music therapy programs published in the *Journal of Music Therapy* in 1973, American pioneer Florence Tyson wrote:

> Community Music Therapy represents an important developmental breakthrough in our field, one which poses stimulating challenges and affords new opportunities for growth and service.

Our understanding of community music therapy has developed considerably since this statement was made, but Tyson’s claim is as topical today as when expressed forty years ago. The emergence of community music therapy as a broad international field reflects attempts at recreating professional practice in ways that offer new possibilities for wellbeing and participation in society (see Chapter 2). Interest in community music therapy relates to changes in welfare and governmental priorities and to other social and cultural developments highlighting human connectivity, wellbeing, and social change. Relationships to fields such as health promotion, community psychology, and community music are therefore important to explore (see Chapters 3 to 5). Relationships between music and human needs can also be understood in light of the notion of human rights (see Chapters 6 and 7).

Below we present some links to resources that can stimulate reflections on these relationships. Readers are welcome to send us comments and suggestions for additional links and resources.

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**Open Access Journals on Music, Health, and Community**

- **Voices: A World Forum for Music Therapy**: [www.voices.no](http://www.voices.no)
  (This journal seeks to nurture music therapy as a global enterprise that is inclusive and has a broad range of influences in the international arena. The link takes you to the website for the Voices Forum. You can then use the “Search the Journal” function and explore articles on community music therapy).

- **Music and Arts in Action (MAIA)**: [http://musicandartsinaction.net/index.php/maia](http://musicandartsinaction.net/index.php/maia)
  (This journal emerges from international, cross-disciplinary work that takes a broad and holistic approach to researching the role of music and the arts in social life and cultural experience).
Some Other Journals of Relevance


UN’s Compendium “Music as a Natural Resource”

United Nations – with UN-Habitat, the International Council for Caring Communities (ICCC), and South-South News – has published the compendium "Music as a Natural Resource: Solutions for Social and Economic Issues." The compendium describes practical music projects from 33 countries around the world under the following headings: 1) Music for sustainable community development, 2) Music for mental and physical health, 3) Music for working with trauma survivors, 4) Music for learning, and 5) Music for peacebuilding.

The compendium is available for free from the following address: http://unpan1.un.org/intradoc/groups/public/documents/un-dpadm/unpan042585.pdf

Music Therapy Research Networks and Units

The development of community music therapy is often practice-driven and linked to local needs, visions, and resources (see Chapter 8). However, this does not make research less important (see Chapter 9). Some of the music therapy research networks and units around the world that advance research in community music therapy and related areas are:

- GAMUT – The Grieg Academy Music Therapy Research Centre (University of Bergen and Uni Health, Uni Research, Bergen, Norway): www.gamut.no
- MUCH – The Nordic Network of Research in Music, Culture, and Health (hosted by the Norwegian Academy of Music, Oslo, Norway): www.much.no
- The Nordoff Robbins London Centre (UK): www.nordoff-robbins.org.uk/
- The Arts and Quality of Life Research Center (Boyer College of Music and Dance, Temple University, Philadelphia, USA): www.temple.edu/boyer/ResearchCenter/

Community Psychology Resources

Late modernity transforms the landscape of professions. Relationships between the professions are destabilized and the demand for flexible and reflexive practices increases (see Chapter 10). It is pertinent to examine how these processes are dealt with in related fields, such as community psychology. The following is a list of links to resources in that field:

- Community Psychology UK: www.compsy.org.uk/
- The Community Psychology Section of the British Psychological Society: http://cps.bps.org.uk
- Division 27 of the American Psychology Association (APA): www.scr27.org/
- The European Association of Community Psychology: www.ecpa-online.eu/

* Chapter references refer to Invitation to Community Music Therapy.